

ONLINE SYMPOSIUM

AUSTRIAN SOCIETY FOR ANALYTICAL PSYCHOLOGY

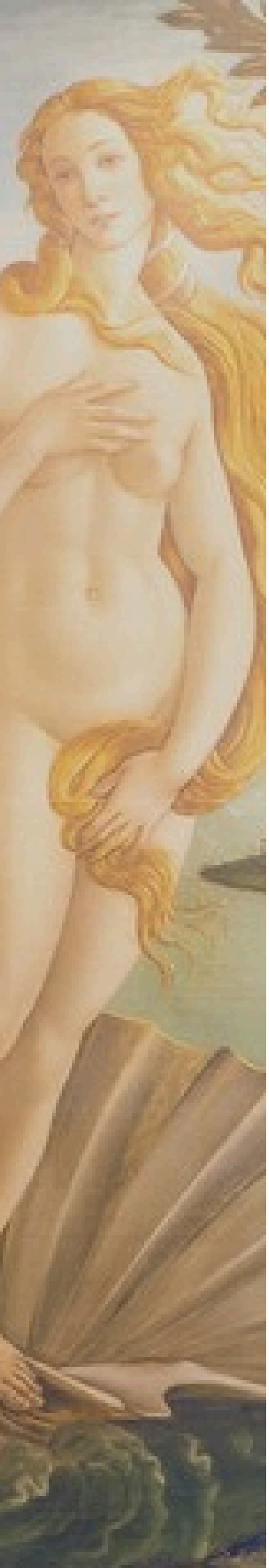
Lets talk about Sex... and Psychotherapy

27/02/2027

ÖGAP
ÖSTERREICHISCHE GESELLSCHAFT FÜR ANALYTISCHE PSYCHOLOGIE

Where?
ONLINE

Website
www.events-cgjung.at
event@cgjung.at



ABOUT THE TOPIC

Dear prospective participants!

We are delighted to present our program on the topic: ‘Let’s Talk About Sex... and Psychotherapy’. As sexuality remains a taboo subject, one that is often pushed into the shadows by patients, but also by therapists, we would like to create a special space here for exploring this issue. We aim to foster an open, respectful and professionally grounded dialogue on how sexuality can be understood and reflected upon responsibly within the therapeutic setting.

We have received submissions from all over the world that explore various facets of sexuality and psychotherapy. The conference is therefore divided into a German and an English section; these can be booked separately or together.

The presentations range from declining sexuality among young people in the Western world, through kink awareness and BDSM, to an exploration of the bodily dimension in relation to eroticism, inner images and bodily sensation (presented in German).

Furthermore, we will explore ‘Eros in the shadow’ or the ‘analytical temenos’, the therapists’ shadow in relation to their own sexuality and its dissociation within the therapeutic space, as well as the topic of pornography consumption among heterosexual cis men (presented in English).

We hope to offer a wide-ranging and interesting program and look forward to welcoming everyone who wishes to explore the topic of sexuality and psychotherapy from a professional perspective. You will find more detailed information on the program in this booklet.

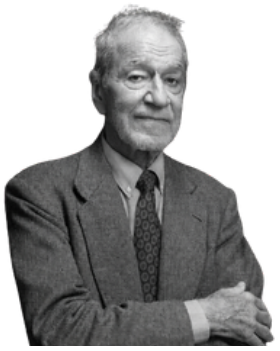
The ÖGAP Event Team

GENERAL INFORMATION

REGISTRATION @ events-cgjung.at	
Registration starts	03.11.2026
Registration ends	22.02.2027
COSTS	
half-day	40 €
full-day	70 €
LANGUAGES	
morning	german
afternoon	english
PROCEDURE	
The 45-minute talks will be followed by 10 minutes for questions and discussion, after which there will be a 5-minute break until the next talk begins.	

PROGRAM MORNING

TIMEZONE UTC +1 VIENNA - GERMAN PRESENTATIONS



09:15 - 10:15

Luigi Zoja (Italy)

<u>Wenn die Sexualität beständig sinkt - braucht die gesamte Gesellschaft Therapie?</u>

In unserer westlichen Gesellschaft zeichnet sich ein Trend ab: Die sexuelle Aktivität nimmt insbesondere bei jüngeren Menschen stetig ab, während das Durchschnittsalter für den ersten Geschlechtsverkehr gestiegen ist. Der Erfolg von Dating-Apps hat diesen Trend nicht umgekehrt, sondern sich als kontraproduktiv erwiesen. Trotz allem gibt es keine wirkliche Debatte über ein so wichtiges und vor allem folgenreiches Thema, das uns alle betrifft. Wo liegt der Ursprung dieser Zurückhaltung oder fast Vermeidung? Wie kam zustande, dass ein solches Phänomen in einer Gesellschaft auftritt, die sich dank der sexuellen Revolution scheinbar von Tabus und Zwängen befreit hatte?



10:15 - 11:15

Eva Knobloch (Austria)

<u>Kink-Awareness - BDSM im psychotherapeutischen Kontext</u>

Die psychotherapeutische Begleitung von Menschen, die BDSM (Bondage & Discipline, Domination & Submission, Sadism & Masochism) praktizieren oder alternative Beziehungsformen leben, erfordert eine vorurteilsfreie, nicht-pathologisierende Haltung. Der Vortrag gibt einen Überblick über das Spektrum von BDSM, aktuelle diagnostische Entwicklungen und Impulse für eine kink-aware therapeutische Praxis. Aus jungianischer Sicht beleuchten wir zudem das Potenzial von BDSM-Dynamiken für persönliches Wachstum (Individuation).



11:15 - 12:15

Alexandra Kleeberg (Germany)

<u>Erotik ohne Worte - Berührung ohne Hände. Wut, Wonne und innere Reise durch den Körper</u>

Ins Herz, in die Leber, in die Gelenke dürfen wir reisen. Warum gehen wir an der Mitte der Wonne vorbei? Der Körper macht diesen Unterschied nicht, wir machen ihn. Der Vortrag erkundet Erotik als eine Art, im Körper zu wohnen: durchlässig, lebendig, genussfähig. Er zeigt, warum die Reise zur Wonne oft mit Wut beginnt, wie Berührung ohne Hände möglich wird und warum innere Bilder privat bleiben dürfen. Eine Tagung, um zu sprechen – und ein Vortrag über das, was geschieht, wenn wir einfach spüren.

12:15 - 13:00

Pause 45 min

PROGRAM AFTERNOON

TIMEZONE UTC +1 VIENNA - ENGLISH PRESENTATIONS



13:00 - 14:00

Ilaria de Gaspari (Italy)

Eros in the Temenos: Countertransference, Shame, and the Embodied Self

This presentation explores the shadow of sexuality within the analytic temenos. Moving from Jungian history and Neumann's Amor and Psyche to clinical dream work, it addresses erotic transference, internalized homoerotic shame, and the boundary ethics (metron) required when handling intense desire. It critiques sexological fragmentation and digital desymbolization, reclaiming the lived body (Leib) as a vital agent of individuation.



14:00 - 15:00

Sergiu Dorobantu (Romania)

The Sexual Shadow of the Therapist: Persona, Desire and the Myth of Professional Neutrality

This presentation would explore the potential shadow created by the idealized image of the therapist as sexually neutral, perfectly boundaried and somehow above ordinary human desire. I am interested in what happens when therapists unconsciously split off "the professional" from "the embodied, sexual and desiring human being," particularly when a patient's sexuality evokes discomfort, fascination, judgment, envy, shame or other unexpected reactions. From a Jungian perspective, the question would be how we can acknowledge and reflect upon our own sexual subjectivity and countertransference without either acting upon it or defensively disowning it.



15:00 - 16:00

Ana Luisa Padula (Brasil)

Aphrodite's Madness: Pornography Consumption by Cisgender Heterosexual Men

Pornography's been present in culture for centuries, and can be understood as a symbol that mobilizes and paralyzes. This study investigates its effects on adult cisgender heterosexual men. Interviews with 11 participants underwent symbolic analysis in Analytical Psychology. Pornography influences relationships with women and sexual performance. Finally, pornography must be brought out of the shadow into conscious discourse.

16:00

Verabschiedung durch die ÖGAP

REGISTRATION
www.events-cgjung.at

BANK ACCOUNT

ERSTE BANK UND SPARKASSE

ÖSTERREICHISCHE GESELLSCHAFT FÜR ANALYTISCHE PSYCHOLOGIE ÖGAP

IBAN: AT38 2011 1000 0471 6299

SWIFT/BIC: GIBAATWWXXX

With your online registration, you are binding yourself to attend the lectures. In the event of written cancellation up to one week before the lecture, 100% of the fees will be refunded. After this date, no refund is possible. Even without attendance, the outstanding fees will be invoiced to you retrospectively.

Limitation of Liability for Program Booklet:
The organizer/conference organization assumes no liability for property damage or personal injury that may occur in connection with the event. Likewise, no claims for damages will be accepted in the event of program changes, non-appearance of speakers, or cancellation of lectures listed in the program.

Impressum:
Austrian Society for Analytical Psychology

This C.G. JUNG - SOCIETY is the only state-recognized and internationally recognized training institution for psychotherapists according to C.G. Jung,
as stipulated by the Austrian Psychotherapy Law

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